

american spa


www.americanspamag.com

MIAMI HEAT

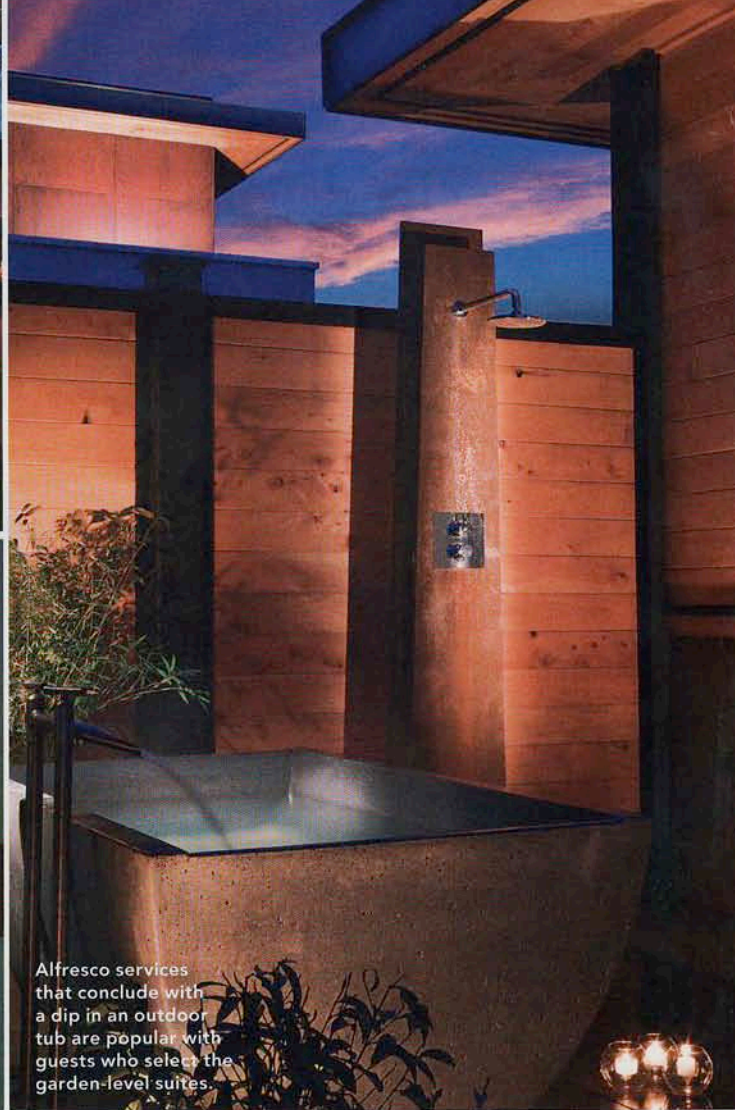
THE SPA AT DAVID BARTON
GYM (MIAMI BEACH, FL)



spa radar



Bardessono's spacious guest rooms (pictured) and bathrooms (below) are ideal for en-suite treatments.



Alfresco services that conclude with a dip in an outdoor tub are popular with guests who select the garden-level suites.

Green Getaway

Green-minded Napa Valley vacationers are raising a glass to Bardessono, an eco-friendly luxury resort in Yountville, CA, built on the Bardessono wine family's six-acre farmstead. Opened in February, the LEED platinum-certified, 62-room property is a haven for spa aficionados looking to honor the earth. All guest rooms can double as a private spa suite, as each room includes air-jetted soaking tubs for two and massage tables hidden behind paneled spa banquets. Outdoor showers and dual indoor shower-steam rooms are also included in more than half of the garden level suites. Plus, organic Coyuchi towels, linens loomed in India, robes by designer Matt Dick, and spa products from In Fiore, a skincare company known for its energy medicines and herbals, are available en-suite, as well. For guests who prefer a more conventional spa experience, an on-site wellness center serves as another site for services. Those looking to relax and enjoy alfresco treatments can head to the private cabanas adjacent to the rooftop swimming pool, which offers views of the Stags Leap Palisades and Mayacamas Mountains. From any of the three locations, guests can enjoy a host of healing services, courtesy of a comprehensive menu developed by spa veterans Loma Alexander and Peggy Francis, both of whom were integral in the creation of several Auberge Resorts spas in Napa Valley.

Beyond the spa, Bardessono provides guests looking to travel green with the ultimate soother—peace of mind. The property obtains approximately half of its electricity from a photovoltaic solar system; a system of geothermal wells heat and cool guest rooms and the property's domestic water supply; and "up-cycled" materials, including recycled steel, green glass tiles, and fly ash concrete, were used whenever possible in the resort's construction. Additionally, wood from locally sourced trees is featured throughout the property, and locally quarried Tuffa stone, salvaged and re-cut from the Bardessono family's original homestead, adorn the hotel's entryway as well as its reception and dining areas. According to developer Phil Sherburne, visiting Bardessono is an unparalleled experience, offering guests "a touch of glamour awash in green."—J.K.